

GSLAC Back Country Leadership Skills Training Course
 September 10-12, 2021
 S bar F Scout Ranch, Knob Lick, Mo

Ask yourself these questions:

- ✓ Are you an adult Scouter or youth 14 or older?
- ✓ Do you have basic camping experience?
- ✓ Do you want to keep older Scouts in your troop by developing a robust High Adventure program?

If you answered “Yes!” to these, try the following questions:

- ✓ Do you keep older Scouts involved in your Troop with a robust High Adventure program?
- ✓ Do you have the skills and confidence to lead one?
- ✓ Do you know how to start one?



If you answered “No” to these, then we can help!

Our council’s Back Country Leadership Skills Training Course is designed for the adult Scouter and experienced youth Scouts who understand the role High Adventure plays in keeping older youth involved in Scouting. Through practical hand’s-on training, this course will give you the skills and confidence to realize your vision of high adventure in your troop or crew. If you are a first-time Philmont Crew Advisor, this training will jump-start your ability to prepare your crew for a peak Philmont trek. Your Council High Adventure Training Team will help you deliver the promise of Adventure to your Scouts and Venturers.

We’ll start our training at the Friday night indoor session, in which we’ll check gear, organize into a crew structure, and review our route. Saturday morning we will load our packs and start our overnight



backpacking hike on the Three-Notch Trail east of Nims Lake, stopping periodically to learn how to plan and train for a trek, manage risk on the trail, select and use equipment/gear, and get the crew in proper physical condition. We’ll learn good trail hygiene, planning and preparing food for proper nutrition, map and compass navigation, back-country water purification/treatment, and expedition behavior.

Friday session begins at 7pm at Swift Base Lodge. We will be complete by 1:00p Sunday. You must register for this course no

later than September 1. Class size is limited to 20 adult Scouters and Scouts/Venturers age 14 and older. We need a minimum of four participants to conduct this class, because it is based on learning to apply high adventure leadership skills in a crew, so encourage your other unit leaders and older Scouts to participate with you. Everyone must bring a current Annual Health and Medical Record Parts A, B, and C Form 680-001.

Bring equipment on the attached personal gear list. If you don’t have equipment listed, please contact us—we have some packs and tents available for this weekend. Training staff will provide all food and crew gear. If you have crew gear you’d like to try, feel free to bring it along.

Register at <https://scoutingevent.com/312-47911>. Contact George or Jon for more info.

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Jon Jonas	Council High Adventure Chair	618.234.0311	j.jonas@att.net

BCLST Weekend Personal Gear Packing List

1	BSA Form 680-001 Annual Health and Medical Record Parts A, B, C		
1	Weather-appropriate shirt (not cotton)		Spoon
1	Weather-appropriate pants (not cotton)		Cup
	Belt		Eating bowl
1	Underwear (not cotton)	4	qt water capacity minimum—at least 1 wide-mouth nalgene bottle for drink mix, bladder OK for rest
1-2	Hiking sox (not cotton)		10' Duct tape on wide-mouth nalgene bottle
1	Camp sox (optional)		3500 CI / 60 L (minimum) Pack
	Fleece jacket		Waterproof pack cover
	Hiking boots		Pack straps/compression straps/caps/bungee cords (recommended)
	Camp shoes/sneakers (optional)		Sitting pad
2-3	Bandana		Sleeping bag
	Brimmed hat		Waterproof cover for sleeping bag
	Waterproof rain jacket		Sleeping pad
	Rain pants		Sleep clothes
	Watch cap/beanie (optional)		Ear plugs (recommended)
	Wristwatch (recommended)		Headlamp/flashlight
	Emergency whistle		Extra batteries
2	Large Heavy Duty plastic trash bags		Baseplate compass
	Small water-proof bag for personal items in bear bag (heavy duty ziplok OK)		Walking stick/pole/trekking poles (recommended)
	Small lightweight daypack for 10 essentials on side hikes (optional)		Pocket knife/small multi-tool
	Waterproof notebook/pencil/pen (recommended)		Personal care kit (Toothbrush, Small toothpaste, Chapstick, Pack towel, unscented wetwipes)
	Camera/spare battery (optional)		Personal meds/healthcare items
	Backpacking tent/ground cloth		Sunglasses/tether (recommended)