## BWCA 2023 - Planning a Trip

## Timeline

July Propose high adventure trip to committee, gauge parent \& Scout interest

| August | Select Dates for trip |
| :--- | :--- |
| September | Set budget |

October Have committee approve forms and budget
November Contracts to parents - collect initial \$250 deposit with paperwork
December Ready to get your BWCA permit? Have dates? Entry Point? Permits open in Jan!
January Team Meeting \#1-Issued Bags \& packing lists, start bwca videos, \$200 due
February Team Meeting \#2 - Plan Merit Badges \& Judge fishing interest
March Team Meeting \#3 - Borrow a canoe for practice portages, tent assignments
April Team Meeting \#4 - Water Filtration, Menu planning, final \$200 payment due
May Practice campout at Pine Ridge Scout Camp \& Team Meeting \#5 - Bag Drag June Send emails to help participants get ready. Enjoy your trip!

## Budget

Troop 40 was able to charge $\$ 650$ per person (with 18 sign ups) and we ended up giving over $\$ 100$ back per person as a refund after the trip!
Budget Includes:
\$120 - Permits for 9 people
$\$ 450$ - Vehicle \#1 Gas ( 90 Gallons, 1,600 miles roundtrip) assumed $18 \mathrm{mpg} \& \$ 5.00 /$ gallon
$\$ 450$ - Vehicle \#2 Gas ( 90 Gallons, 1,600 miles roundtrip) assumed $18 \mathrm{mpg} \& \$ 5.00 / \mathrm{gallon}$
$\$ 180$ - DAILY 9 person BWCA Food Budget (Freeze dried meals cost more)
\$10-15 - PER PERSON per meal - Traveling Food stops (You can't get fed for $\$ 5$ anymore)
\$100-Satellite messaging device - daily check in with home base plus emergencies
\$1,000 - Canoe rental (assuming 4 boats, 5 days, kevlar ultralight boats)
$\$ 20$ - per person bunk house fee arrival night
$\$ 20$ - per person bunk house fee departure night
$\$ 45$ - per person Amazon purchased bags (participants keep after returning home.
https://www.amazon.com/gp/product/B00Y9Z8QBW/ref=ppx_yo_dt_b_search_asin_title?ie=UT F8\&psc=1 )
\$20 - per person Sawyer Filter
https://www.amazon.com/Sawyer-Products-SP124-Filtration-Multi-Color/dp/B00FBGCGOQ?th= 1
\$15 - per person water bottle (must work with sawyer filter installed INSIDE the bottle)
https://www.amazon.com/gp/product/B001Q80TCE/ref=ppx_yo_dt_b_search_asin_title?ie=UTF 8\&th=1
\$6 - per person Snap Fold Bowl (optional)
https://www.amazon.com/Fozzils-Snapfold-Bowlz-2pc-Bowl/dp/B07SBDRC6Q
\$75-2 screen tents per team (recommended) https://www.walmart.com/ip/seort/895570759
\$30-4 stove fuel per team
\$100-Random team gear (Bear spray, whistles, etc)
\$100 - Team Contingency Fund (emergencies)


## BSA TROOP 40 HIGH ADVENTURE

## Boundary Waters Canoe Area (BWCA)

(Eat Lunch at home before departure)


$\qquad$ Date:

# Boundary Waters Packing Checklist <br> NO COTTON! Bring quick-dry synthetic materials. NO JEANS! NO FOOD OR SNACKS (bears)! 

A3 Bag with black trash bag liner
(Issued by troop with \$250 deposit)
$\square$
Life Jacket (clipped to outside of bag)
(Neoprene Recommended, must fit properly)
Hiking Shoes (Broken in, NOT BRAND NEW!)
(vented to drain water, protects the ankle)
Rain Gear (Ponchos NOT allowed on the lake)
(Rain Jacket and/or pants can be worn in canoe)
(Red Light doesn't damage others' night vision)

## Boundary Waters TRAVELING DAYS Checklist

This bag contains the clothes and items you will need BEFORE AND AFTER the camping portion of our trip. You have an overnight stay in Wisconsin both on the way North and the way back South. This bag is going to be in the car the day you get out of the woods. You are going to smell really bad! You will want clean, comfortable clothing \& shoes to change into!

$\square$ Water Bottle for the car
(Team bottles and water filters have been purchased to use in the woods. Bring a bottle for car travel)
$\square$ 1-2 Reading Books (6+ Hours driving each day!)
(Optional, bring if you like to read in the car)Buy your Minnesota Fishing License ONLINE
(Buy online, print 2. $\mathbf{1}$ in A3 bag, 1 to team leader) $\square$ Other Gear

4 days of Medications (bagged and labeled with instructions) Belt, Towel, Loofa or Washcloth, Sunglasses, Watch, Spending Money, Wallet (You will receive $\$ 8$ cash in an envelope to spend on each meal. You may add your own money if you wish to purchase extra food)
$\square$ Troop Provided Gear - Do NOT pack these items
Mess kits, Cups, Silverware, Food, Bug Spray, Sunscreen, Clotheslines, Clothespins, Dining Fly, Saw, Hatchet, Axe, First Aid Kit, Water Filtration, Stove, Fuel, Toilet Paper, If you are using a troop tent verify with your team leader who is bringing it to departure day!!!! DO NOT ASSUME!

## Tips and Tricks

- Starting about 2-3 weeks before departure, send daily emails with bite-sized amounts of work that can be accomplished quickly.
- Designate a parent that is NOT going to be the point of contact for the entire troop. Use the satellite messenger to send an "all good" message by dinner each day. Discuss what that parent should do in case contact is NOT made. (Don't cause false 911 rescues!)
- Have families buy their own Minnesota fishing license online (leaders would require social security numbers, driver's license numbers and other details to do it on their own)
- Rotate drivers every 2 hours (good pace for bathroom breaks too)
- Remember that a bwca team can be no more than 4 boats and 9 people. Plan on 4 adults and 5 youth. With 4 adults you can send out a team of 2 adults and 2 kids fishing while still maintaining youth protection in camp. If you lose an adult to illness or injury the trip does not have to be canceled 3 can still safely get the job done!
- Stay at a church or Scout camp to save money on your drive north.
- While \$10-\$15 a meal for traveling stops sounds like a lot, allowing Scouts to receive an envelope at each stop teaches them money management and ensures they have a couple dollars for a candy bar or trinket at a gift shop!
- Use BSA form 680-673 for your legal release. DO NOT try to write your own legal disclaimers.
- I-Pass toll systems do not accept cash anymore. Check your toll options in advance so you aren't on the side of the road with nervous parents trying to pay online right then from their mobile device.
- Ramen noodles are cheap and the perfect solution for a tight budget or emergency food.



## What is there to do?

Explore Waterfall on Winchell Fishing
Stargazing
Canoeing
Cards
Day-Trip (Loop)
Whittling
Swimming (floating with style)

Read a book
Longing in Hammocks
Rank advancement
Merit Badges
Build a fire
Cook a fish
Explore an island
Skip rocks

